

- THE STANDARD SPA -

WELLNESS PROGRAM SCHEDULE

MONDAY	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
TUESDAY	10:00 - 11:00	Hatha Yoga	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
	17:30 - 18:30	Sound Healing	20 per person
WEDNESDAY	10:00 - 11:00	Flow Yoga	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
	17:30 - 18:30	Sound Healing	20 per person
THURSDAY	10:00 - 11:00	Stretching	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
	17:30 - 18:30	Sound Healing	20 per person
FRIDAY	10:00 - 11:00	Breathing Exercise	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	17:30 - 18:30	Sound Healing	20 per person
SATURDAY	10:00 - 11:00	Flow Yoga	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
	17:30 - 18:30	Sound Healing	20 per person
SUNDAY	10:00 - 11:00	Breathing Exercise	complimentary
	10:00 - 15:00	Mini Facial	40 per person
	15:30 - 16:30	Gentlemen Hammam	20 per person
	17:00 - 18:00	Ladies Hammam	20 per person
	17:30 - 18:30	Sound Healing	20 per person

SUMMER SPA SPECIALS

Daily | Sep 01st - Sep 30th



Forever New 288.00

- The Standard Massage - 60 min
- The Standard Cooling Honey Facial - 60 min
- The Standard Botanical Cooling - 30 min

Everlasting Beauty 258.00

- Small Pedi *or* Mani - 30 min
- HyaQuench Deeply HyDrating Facial - 60 min
- Pumpkin & Rice Wrap - 30 min

A New Me 258.00

- Fresh Lime & Coconut Scrub - 30 min
- Choice of Body Massage - 60 min
- Mini Facial - 30 min

Sweet Summer 258.00

- Body Massage (*coconut oil*) - 60 min
- Aloe Gel Wrap - 30 min
- Mini Facial (*CBD product*) - 30 min

Summer Glow 208.00

- Moroccan Coffee Scrub - 30 min
- Head & Shoulder Massage - 30 min
- Mini Facial (*CBD product*) - 30 min

The Standard Spa

Huruvalhi Healing

Treatments found only on our island

165.00 **Maldivian Chill**
60 mins Cooling CBD foot massage and reflexology

215.00 **Huruvalhi Healing Bodywork**
90 mins The best from our practitioners

215.00 **Rock-a-bye Massage**
90 mins Lulled by CBD, hot stones and our rhythmic massage

The Standards

Massage like only we do

165.00 **The Standard Massage**
60 mins Bespoke in the best sense

165.00 **Hurt So Good**
60 mins Deep tissue the way you like it

190.00 **K.I.S.S**
90 mins Aloe vera wrap and massage of choice

Recovery Salon

When you need a little help

30.00 **Basic Nail Art**
30 mins

75.00 **Manicure**
60 mins

115.00 **The Express Mani & Pedi**
60 mins

90.00 **Scalp Massage**
30 mins With our signature Standard oil

75.00 **Pedicure**
60 mins

140.00 **The Standard Mani & Pedi**
120 mins

90.00 **Reflexology**
30 mins Classic relax and balance

After Sun

105.00 **The Standard Botanical Cooling Treatment**
60 mins

155.00 **The Standard Cooling Honey Facial**
60 mins

Hamмам

40.00 **Do-It-Yourself Scrub**
Hamman and coffee pomegranate

75.00 **The Standard Hamмам**
30 mins